

## Allergen Information (allergens listed in bold) Light Meals

### Fig and Wensleydale Salad

Served with a balsamic dressing  
(Wensleydale: **cows milk**)

### Plaice Goujons

Served with a Marie Rose dip  
(fish, **wheat gluten, eggs**; Marie Rose dip: **eggs, mustard**)

### Wexford Cheddar and Caramelised Onion Tart

Served with a baby leaf salad and balsamic dressing  
(**wheat, eggs, milk**)

### Chestnut Mushrooms on Toast

Served in a creamy tarragon sauce on granary toast  
(Mushrooms: **cream**; Bread: **wheat gluten**)

### Warm Smoked Chicken and Asparagus Salad

Topped with shaved parmesan and a Caesar dressing  
(Dressing: **milk, cheese, anchovy**)

## Main Meals

### 6oz Beef Burger

Made with lean minced beef, topped with emmental cheese, bacon and a BBQ relish served in a brioche bun with chips  
(Burger: **wheat, mustard**; Brioche: **wheat gluten, eggs, milk**; Emmental: **cows milk**; Chips: **wheat gluten**)

### Beer Battered Cod and Chunky Chips

Cod fillet in crispy Henley Gold beer batter with garden peas and a classic tartare sauce  
(**fish, gluten**; Chips: **wheat gluten**)

### Thai Red Chicken Curry

Served with wild rice and mini vegetable spring rolls  
(Sauce: **fish**; Vegetable Spring Rolls: **wheat gluten, sulphite, soy bean, celery**)

### Salmon and Broccoli Fishcakes

Served with Asian coleslaw and baby leaf salad  
(**fish, gluten, wheat gluten, milk**)

### Chickpea and Five Bean Goulash

Served with warm pitta bread and baby leaf salad  
(Goulash: **mustard**; Pitta: **wheat gluten**)

## Desserts

All served with a scoop of vanilla pod ice cream

### Warm French Apple Tart

(Pastry: **wheat**; Ice Cream: **dairy**)

### Chocolate Bavaois

(**wheat gluten, eggs, milk**; Ice Cream; **dairy**)

### Lemon and Raspberry Posset

(**wheat gluten, milk, eggs**; Ice Cream: **dairy**)

### Black Forest Roulade

(**eggs, wheat gluten, milk, soy bean**; Ice Cream: **dairy**)

### Peanut Butter and Toffee Cheesecake

(**cheese, milk, peanut, eggs**; Biscuit Base: **wheat gluten, barley, sulphite, milk, soya**; Ice Cream: **dairy**)

## Lunch Snacks

Gluten free bread is also available

### Brie and Avocado Sandwich

(Bread: **wheat gluten**; Brie: **milk**)

### Smoked Chicken and Pesto Baguette

(Bread: **wheat gluten**; Pesto: **parmesan, cashews**)

### Fish Finger Sandwich with Tartar Sauce

(**fish**; Breadcrumb coating: **wheat gluten, egg**; Tartar Sauce: **eggs, mustard**)

### Cheddar, Mozzarella, Tomato and Baby Leaf Spinach Toastie

(Bread: **wheat gluten**; Cheese: **milk**)

### Bacon and Brie Baguette

(Bread: **wheat gluten**; Cheese: **milk**)

### Tuna, Cucumber and Mayonnaise Sandwich

(**fish**; Mayonnaise: **egg**; Bread: **wheat gluten**)

## Children's Menu

Chips can be substituted for crisp vegetable sticks

### Penne Pomodoro

(Pasta: **wheat gluten**)

### Fish Fingers, Chunky Chips and Peas

(Fish Finger: **fish, gluten, egg**; Chips: **wheat gluten**)

### Beef Burger

Served with Chunky Chips and Salad  
(Burger: **wheat gluten, mustard**; Bun: **wheat gluten**; Chips: **wheat gluten**)

### Cheese and Tomato French Bread Pizza

Served with a Green Salad  
(Bread: **wheat gluten**; Topping: **milk**)

### Cheese, Ham and Tomato French Bread Pizza

Served with a Green Salad  
(Bread: **wheat gluten**; Topping: **milk**)

### Chicken Nuggets, Chunky Chips and Salad

(Chicken Nuggets: **egg, wheat gluten**; Chips: **wheat gluten**)

## Side Dishes and Extras

### Houmous with Pitta Bread

(Houmous: **sesame seeds**, Pitta Bread: **wheat gluten**)

### Chunky Chips

(**wheat gluten**)

### Chunky Chips with Mature Cheddar, Salsa and Spicy Jalapeños

(Chips: **wheat gluten**; Topping: **milk**)

### Mini Vegetable Spring Rolls with Sweet Chilli Dip

(Vegetable Spring Rolls: **wheat gluten, sulphite, soy bean, celery**)

### Garlic Bread

(**wheat gluten**)

### Sweet Chili dip

(**sesame**)

### Tartar sauce

(**egg, mustard**)

### Balsamic Dressing

(malt extract from **barley**)