

Allergen Information

Allergens listed in bold

Main Meals

6oz Lamb Burger

Topped with tzatziki served in a rosemary focaccia with chunky chips and baby leaf salad
(Burger: **wheat soya, milk, egg, celery, mustard**; Focaccia: **wheat barley**; Tzatziki; **dairy, milk**)

Beer Battered Haddock and Chunky Chips

Haddock fillet in crispy golden batter with garden peas and a classic tartar sauce
(fish, **gluten**)

Slow Cooked Ratatouille

With penne pasta
(**gluten**)

Hungarian Beef Goulash

With long grain rice
(**dairy, cream**)

Locally Reared Pork and Leek Sausages

With wholegrain mustard mash and onion gravy
(sausage: **wheat gluten, sodium sulphite**; mustard mash: **dairy, mustard**; gravy: **wheat barley, soya**)

Desserts

Plum and Apple Tart

(pecan nuts; Ice Cream: **dairy**)

White Chocolate and Raspberry Panna Cotta

(soya, **milk**; Ice Cream: **dairy**)

Belgian Waffle

(**wheat gluten, egg, milk**; ice cream: **dairy**)

Summer Pudding

(**wheat gluten, soya**; ice cream: **dairy**)

Strawberry and Rhubarb Cheesecake

(**milk**; ice cream: **dairy**)

Small Plates

Cherry Tomato, Olive and Edamame Bean Salad

(Balsamic Dressing: **malt extract from barley**)

Salmon and Broccoli Fishcake

Dill coleslaw and baby leaf salad
(fish, **wheat gluten, milk, soya**)

Spinach and Goats Cheese Tart

Baby leaf salad and balsamic dressing
(**milk, wheat gluten**)

Chestnut Mushrooms on Toast

Creamy tarragon sauce on granary toast
(Mushrooms: **cream**; Bread: **wheat gluten**)

Smoked Chicken and Chorizo Salad

Shaved parmesan and a caesar dressing
(Dressing: **milk, cheese, anchovy**; Chorizo; **lactose caseinate**)

Ham Hock and Pea Terrine

Granary toast and red onion chutney
(**mustard, sulphite**)

Light Lunch

Gluten free bread is also available

Brie and Avocado Bloomer Sandwich

(Bread: **wheat gluten**; Brie: **milk**)

Cod Fillet Fishfinger Sandwich with Tartar Sauce

(fish; Breadcrumb coating: **wheat gluten, egg**; Tartar Sauce: **eggs, mustard**)

Cheddar, Mozzarella and Tomato Toastie

(Bread: **wheat gluten**; Cheese: **milk**)

Mature Cheddar, Ham and Pickle Baguette

(Cheddar: **cows milk**; Pickle: Cheddar: **cows milk, sulphite, metabisulphite**; Bread: **wheat gluten**)

Tuna, Cucumber and Mayo Bloomer Sandwich

(fish; Mayonnaise: **egg**; Bread: **wheat gluten**)

Classic BLT Bloomer Sandwich

(Bread: **wheat gluten**)

Children's Menu

Penne Pomodoro

(Pasta: **wheat gluten**)

Fish Fingers, Chunky Chips and Peas

(Fish Finger: **fish, gluten, egg**; Chips: **wheat gluten**)

Beef Burger

Served with Chunky Chips and Salad
(Burger: **mustard**; Bun: **wheat gluten**; Chips: **wheat gluten**)

Cheese and Tomato French Bread Pizza

Served with a Green Salad
(Bread: **wheat gluten**; Topping: **milk**)

Cheese, Ham and Tomato French Bread Pizza

Served with a Green Salad
(Bread: **wheat gluten**; Topping: **milk**)

Chicken Goujons, Chunky Chips and Salad

(Chicken Goujons: **wheat gluten, celery, milk**; Chips: **wheat gluten**)

Side Dishes and Extras

Houmous with Pitta Bread

(Houmous: **sesame seeds**, Pitta Bread: **wheat gluten**)

Chunky Chips

(**wheat gluten**)

Chunky Chips with Mature Cheddar, Salsa and Spicy Jalapeños

(Chips: **wheat gluten**; Topping: **milk**)

Onion Rings with Firecracker Sauce

(**wheat gluten, barley, cornflour**)

Garlic Ciabatta

(**wheat gluten**)

Mini Vegetable Spring Rolls with Sweet Chilli Dip

(Vegetable Spring Rolls: **wheat gluten, sulphite, soy bean, celery**)

Sweet Chili dip

(**sesame**)

Tartar sauce

(**egg, mustard**)

Balsamic Dressing

(malt extract from **barley**)